

Armourer's Choice Helmet Options and Sizing Chart

Helmet Cuts available in ACH/MICH configuration	Helmet Size	Helmet shell size, padding thickness inches (in)	Head Circumference, centimeters (cm)	Head Circumference, inches (in)
	Small (S)	S/M shell, 3/4 in	51-54 cm	20-21 in
	Medium (M)	S/M shell, 1/2 in	54-57 cm	21-22.5 in
	Large (L)	L/XL shell, 3/4 in	57-60 cm	22.5-23.5 in
	XLarge (XL)	L/XL shell, 1/2 in	60-63 cm	23.5-25 in